

ClearskiesCamino.net

Caminho Portugues Packing List - Lisbon to Agueda

Backpack - Lowe Alpine 35litre Airzone Trail - **perfect for this Camino.**

Shoes - Salomon X Ultra Trail Shoes - **didn't cause me any problems**

Rain Jacket - Berghaus rain jacket and Columbia rain trousers - **didn't use them.**

Contigo 720ml water bottle - **ok, but it was so hot I bought extra water**

Clothes: Bottoms: Craghopper Nosilife zip off trousers - **no problems at all.**

Socks - 1 pair of Bridgedale socks and 1 pair of Quechua socks - **could have brought a 3rd pair.**

Underwear - 2 pair of Under Armour

Baseball cap - Jack Wolfskin

Shirt - Craghoppers long sleeve shirt & Colombia short sleeved shirt

Fleece: RAB Micro fleece - **wore it one cold morning. Too warm otherwise.**

Sandals: Crocs Men's Swiftwater River Sandal. **Great buy. Wore them all the time when not walking.**

Sleeping bag liner - Sea to Summit - **Lost my sleeping bag on day 3 but it is possible to sleep without a liner. Albergues and Hostels provide blankets.**

Wash kit and First Aid

Towel - 1 Mountain Warehouse quick dry Microfibre towel

Lifeventure All-purpose soap 100ml - **Plenty of shops if this runs out**

Several safety pins for hanging laundry - **albergues provide pegs. Not needed.**

Earplugs - **Essential**

Gehwol Footcream - **Have used this on my last 3 Caminos and have no blisters. It works. Better than Vaseline.**

Electronics: Mobile Phone, plug and charging cable. **On the southern Caminos, there are plenty of plugs. Wise to buy a Spanish charging plug.**

Fitbit & charging cable - **I only checked my stats when I returned to Ireland. Could do without next time.**

Other: Passport & Credential from Camino Society Ireland - **Can be bought in Lisbon or Porto.**

Brierley Camino Guidebook - **I had the full guidebook while my friends had the maps only guide. I tended to use this and Gronze.com (for accommodation).**

Small over-the-shoulder bag - **I didn't feel the need to carry one. I used my trouser pockets to hold my important items. But on a Camino where there are more pilgrims, I prefer to carry one.**