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Camino Portugués April 2021 Packing List

Pilgrim Passport from www.caminosociety.com

(Click on each to learn more....)

Pack and Exterior:

Backpack with rain cover - Lowe Alpine Airzone Trail 35 Litre

Dry Bags: ExPéd 4-pack Dry pack kit

Shoes - Salomon GTX 3 Ultra Shoe / Crocs Men's Swiftwater River Sandal

Rain Jacket - Helly Hansen rain jacket

Rain pants: Columbia rain trousers

Water Bottle: Contigo 720ml water bottle

Clothes:

Pants: Craghopper Nosilife zip off trousers

Shirt: Craghoppers long sleeve shirt

Short sleeve shirt: Helly Hansen red crew cut t-shirt

Fleece, for the cold mornings: RAB Nexus pullover

Socks: 2 pairs of merino wool socks, I usually buy Brigdedale or Icebreaker

Boxers: 2 pairs of Under Armour underwear, but whatever works best for you.

Cap: Jack Wolfskin baseball cap

Journal, essential for writing notes after each day

Buff

Sleeping Bag Liner: Sea to Summit Mummy

Towel: Mountain Warehouse quick dry Microfibre towel

Soap and Shampoo: Lifeventure All-purpose soap 100ml

Several safety pins for hanging laundry

Wash kit, most of which can be bought in Spain / Portugal

Earplugs

Gehwol cream for feet

Electronics:

Mobile Phone, Spanish plug adapter and charging cable, earphones.

Fitbit Versa Lite & charging cable

DJI OSMO Pocket

Small over-the-shoulder bag that carries the essentials.

Spork

Lifeventure Titanium Mug, 450ml

Essentials:

EHIC card / Health insurance details

Shell

Guidebook - lots of them here

Credit / Debit card

Prescription details

Passport & Credential from Camino Society Ireland

Flight details

Hand sanitiser / face mask